





SCHOOL LUNCH MENU

MAY 2010

MENU ITEMS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Chicken Tender Snack Wrap with Cheese and Lettuce <u>OR</u> Stuffed Crust Pizza Carrot/Celery Sticks Orange Smiles Milk Choice</p>	<p>4 Meatball Sub <u>OR</u> Chicken Nuggets with Sliced Bread and Butter Green Beans Sliced Peaches Milk Choice</p>	<p>5 Mexican Fiesta Taco Salad <u>OR</u> Stuffed Crust Pizza Vegetable Rice Mix Tropical Fruit Milk Choice Sticker Day</p> 	<p>6 Cheese-Filled Breadsticks with Sauce <u>OR</u> Chicken Nuggets and Whole Wheat Dinner Roll Green Beans Sliced Pears Milk Choice</p>	<p>7 Domino's Pizza <u>OR</u> Fish Sticks Tossed Salad Pretzels with Peanut Butter Chilled Applesauce Milk Choice</p> 
<p>10 Waffle Sticks <u>OR</u> Stuffed Crust Pizza Sausage Links Tropical Fruit Mix 100% Orange Juice Milk Choice</p>	<p>11 Sloppy Joe on a Bun <u>OR</u> Chicken Nuggets with Dinner Roll Mixed Vegetables Mandarin Orange Sections Milk Choice</p>	<p>12 Cheeseburger On a Bun <u>OR</u> Stuffed Crust Pizza Pickle Slices Golden Corn Diced Peaches Milk Choice</p>	<p>13 Subway Italian Hoagie <u>OR</u> Chicken Nuggets Carrot/Celery Sticks Goldfish Cracker Pack Fresh Apple Milk Choice</p>	<p>14 Domino's Pizza <u>OR</u> Fish Sticks Tossed Salad Pretzels with Peanut Butter Chilled Applesauce Milk Choice</p> 
<p>17 Chicken Fajita Soft Taco <u>OR</u> Stuffed Crust Pizza Salsa/Lettuce Pineapple Tidbits Milk Choice</p>	<p>18 Turkey Hot Dog on a Bun <u>OR</u> Chicken Nuggets with Saltine Crackers Vegetarian Baked Beans Fruit Cocktail Milk Choice</p>	<p>19 Chicken Parmesan on a Bun <u>OR</u> Stuffed Crust Pizza Sliced Carrots Diced Peaches Milk Choice</p>	<p>20 Beef Ravioli with Cheese-Filled Breadstick <u>OR</u> Chicken Nuggets and Whole Wheat Dinner Roll Green Beans Mandarin Oranges Milk Choice</p>	<p>21 Domino's Pizza <u>OR</u> Fish Sticks Tossed Salad Pretzels with Peanut Butter Chilled Applesauce Milk Choice</p> 
<p>24 Meatloaf With Potatoes and Gravy <u>OR</u> Stuffed Crust Pizza Tossed Salad Orange Smiles Milk Choice</p>	<p>25 Barbeque Rib Sandwich <u>OR</u> Chicken Nuggets Au Gratin Potatoes Fresh Apple Milk Choice</p>	<p>26 Chicken Patty On a Bun <u>OR</u> Stuffed Crust Pizza Peas/Carrot Mix Tropical Fruit Mix Milk Choice</p>	<p>27 Hamburger on a Bun <u>OR</u> Chicken Nuggets with Whole Wheat Dinner Roll Pickle Slices Green Beans Chilled Pears Milk Choice</p>	<p>28 CAFETERIA CLOSED SPRING FESTIVAL</p>
<p>31 NO SCHOOL</p>				

Free & Reduced Lunches

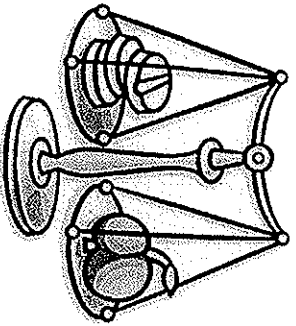
All families are urged to complete a Free or Reduced Priced School Meals Application. Applications are available throughout the year from the school office or on the school's web site.

School Menu Items

All menu items are subject to change without notice. School lunch menus comply with all requirements of the National School Lunch Program, including nutritional requirements.

FIND YOUR BALANCE BETWEEN EATING AND PHYSICAL ACTIVITY. EATING SMART CHOICES FROM EVERY FOOD GROUP AND BEING PHYSICALLY ACTIVE WORK TOGETHER FOR A HEALTHIER YOU!

For more information go to: MyPyramid.gov and teamnutrition.usda.gov.



INFORMATION

Adult Lunch:	\$2.50 (includes milk)
Adult Breakfast:	\$1.50 (includes milk)
Student Lunch:	\$1.75 (includes milk)
Student Breakfast:	\$1.00 (includes milk)
Reduced Lunch:	\$.40 (includes milk)
Reduced Breakfast:	\$.25 (includes milk)
Milk	\$.30

Prepayment options available—check out the Food Services section of our web site.

A full lunch will not be provided without payment or an approved Free or Reduced Priced School Meals Application.

No School: May 31st

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www.bearcreekschool.com

