



## Wellness Committee 2025

**Meeting Date:** May 28, 2025

**Committee Participants:**

| Name            | Position                          |
|-----------------|-----------------------------------|
| Jim Smith       | Chief Executive Officer           |
| Eric Myers      | Food Service Director             |
| Stacey Scullion | Trustee – Licensed Dietician      |
| Tina Vojtko     | School Nurse                      |
| Kevin Harcarik  | Physical Education/Health Teacher |
| Larissa Soroka  | Parent                            |
| Hollie Parsons  | Parent                            |
| Mark Popple     | Community Member                  |
| Charlie Deeble  | Student                           |

**Topics of Discussion:**

1. The School's wellness policy aligns to the model policy provided by the Pennsylvania Department of Education and was Board-approved last on July 19, 2022. The Department accepted the approved Policy with no revisions.
2. The School is in compliance with state and federal law relating to food service operations and school wellness. The School is scheduled for a program compliance review by the Pennsylvania Department of Education Bureau of Food and Nutrition during the upcoming 2025-2026 school year.
3. Bear Creek Community Charter School has experienced an increase in the number of nutritious school meals served to students, both breakfast and lunch, during the current 2024-2025 school year.
4. Students participated in the Kids Heart Challenge sponsored by the American Heart Association, and the School received a grant to support student wellness activities.
5. The School incorporated archery into the physical education curriculum, along with an after-school club.
6. The School sponsored after-school wellness activities including hiking as well as gardening of fresh fruits and vegetables. Students were provided with fruit and vegetable plants to take home and grow for their personal consumption, while student engaged in gardening on campus – edible products which will eventually be consumed by students.

7. Drinking water. Drinking water is available on each classroom wing, along with the gymnasium. This includes refrigerated drinking fountains and bottle fillers. Water is filtered. Drinking water is provided by Aqua Pennsylvania, a DEP-regulated public water supply.
8. The School utilizes an Offer Versus Serve approach to breakfast and lunch. An explanation was provided to participants. All school meals comply with the meal patterns promulgated by the United States Department of Agriculture.
9. Other than breakfast, lunch and after-school snack associated with select school-sponsored activities, no other food or drink is sold during the school day.
10. Food items utilized during classroom parties (three per year) are balanced to include health-options with limited added sugars. The PTO takes the lead in coordinating these activities.
11. Information regarding the Wellness Policy is available on the School's web site, in the Student/Parent Handbook (updated annually) and in the Parents Guide to School Health brochure that is provided to all new parents.
12. An updated Wellness Policy will be provided to the School's Board of Trustees for approval at a public meeting on June 5, 2025.
13. Information regarding the Wellness Committee and triennial assessment was posted on the School's web site from May 29, 2025 through July 31, 2025.

For more information, contact:

Eric Myers  
Food Service Director  
Bear Creek Community Charter School  
Telephone: (570) 820-4070, extension 6108  
E-mail: [eric.myers@bearcreekschool.com](mailto:eric.myers@bearcreekschool.com)

## Wellness Policy Checklist 2025

- ☒ The policy identifies by job title the LEA/school official(s) responsible to ensure each school in the LEA complies with the policy.
- ☒ The policy includes a requirement for a triennial assessment (i.e., at least every three years) of the wellness policy that is made available to the public and is used to update the local wellness policy, as needed.
- ☒ The triennial assessment is required to include the following components:
  - Compliance of participating schools with the wellness policy;
  - Comparison of the local policy to a model school wellness policy; and
  - Progress made in attaining the goals of the wellness policy.
- ☒ The policy describes how the LEA informs and updates the public about the content of the wellness policy, including any policy updates, on at least an annual basis.
- ☒ The policy describes a wellness committee or other means of permitting participation of the community (including parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the public) in the development, implementation, periodic review, and update of the wellness policy.
- ☒ The policy contains specific goals for nutrition education.
- ☒ The policy contains specific goals for nutrition promotion.
- ☒ The policy contains specific goals for physical activity.
- ☒ The policy contains specific goals for other school-based activities that promote student wellness.
- ☒ The policy ensures that meals offered through the school meal programs are consistent with established federal meal standards.
- ☒ The policy contains nutrition guidelines for all foods and beverages available for sale on the school campus during the school day that are consistent with federal regulations for competitive foods (Smart Snacks in School nutrition standards).
- ☒ The policy includes standards established by the LEA for non-sold foods and beverages available to students on the school campus during the school day (e.g., at classroom parties, as shared classroom snacks, and as a reward or incentive).
- ☒ The policy allows marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.

## Wellness Policy Assessment Tool and Report Template

LEA / District Name: Bear Creek Community Charter School

Date Completed: 05/28/2025

Name(s) of Reviewer(s): See Attached

School Name (if applicable):

Select grades:

PK ☐ K ☒ 1 ☒ 2 ☒ 3 ☒ 4 ☒ 5 ☒ 6 ☒ 7 ☒ 8 ☒ 9 ☐ 10 ☐ 11 ☐ 12 ☐

Included in the written policy?

Yes No

Implemented in the school building(s)?  
Fully in Place Partially in Place Not in Place

### Public Involvement, Notification, and Assessment

- |                                     |                          |   |                                     |                          |                          |
|-------------------------------------|--------------------------|---|-------------------------------------|--------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We have LEA official(s)/designee(s) in charge of wellness policy compliance.  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                                     |                          | Name(s)/Title(s): Eric Myers, Food Service Director   |                                     |                          |                          |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We complete an assessment of the local school wellness policy at least every three years ("triennial assessment").  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Triennial assessment results are made available to the public in an easily accessible manner.   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                                     |                          | Website address and/or description of how to access copy:<br>www.bearcreekschool.com  |                                     |                          |                          |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | At least every three years we use the results of the triennial assessment to update or modify the wellness policy as needed.  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The LEA informs and updates the public about the contents, updates, and implementation of the wellness policy at least annually and the policy is accessible to the public.                       | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                                     |                          | Website address for policy and/or description of how to access copy:<br>www.bearcreekschool.com   |                                     |                          |                          |
|                                     |                          | We retain records as required by federal regulations including:   |                                     |                          |                          |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> The written school wellness policy,   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                                     |                          | <input checked="" type="checkbox"/> Documentation of making the wellness policy publicly available,   |                                     |                          |                          |
|                                     |                          | <input checked="" type="checkbox"/> Documentation of outreach efforts inviting stakeholders to participate in the wellness committee / wellness policy process, and                               |                                     |                          |                          |
|                                     |                          | <input checked="" type="checkbox"/> Copy of triennial assessment and documentation of reporting results to public.  |                                     |                          |                          |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | The LEA utilizes a wellness committee that includes these community stakeholders in the development, implementation, review, and update of the wellness policy:                                   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                                     |                          | <input checked="" type="checkbox"/> Administrators <input checked="" type="checkbox"/> Food service staff <input checked="" type="checkbox"/> School health professionals                         |                                     |                          |                          |
|                                     |                          | <input checked="" type="checkbox"/> Parents <input checked="" type="checkbox"/> School board members <input checked="" type="checkbox"/> PE teachers <input checked="" type="checkbox"/> Students |                                     |                          |                          |
|                                     |                          | <input checked="" type="checkbox"/> Public  |                                     |                          |                          |

Other stakeholders (describe): One of the School's Trustees is a Licensed Dietitian.

Notes on public involvement, notification, and assessment: Board approved June 5, 2025.

### Nutrition Education\*

- |                                     |                          |  |                                     |                          |                          |
|-------------------------------------|--------------------------|--|-------------------------------------|--------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Nutrition education is provided within PDE's sequential, comprehensive health education standards. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We teach, model, encourage, and support healthy eating through nutrition education.                | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

## Wellness Policy Assessment Tool and Report Template

| Included in the written policy?     |                          |  | Implemented in the school building(s)? |                                     |                          |
|-------------------------------------|--------------------------|--|--|-------------------------------------|--------------------------|
| Yes                                 | No                       |  | Fully in Place                         | Partially in Place                  | Not in Place             |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide all students with knowledge and skills for healthy lives via nutrition education.   | <input checked="" type="checkbox"/>    | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer age-appropriate nutrition education and activities to students in:  | <input checked="" type="checkbox"/>    | <input type="checkbox"/>            | <input type="checkbox"/> |
|                                     |                          | <input checked="" type="checkbox"/> Elementary School <input checked="" type="checkbox"/> Middle School <input type="checkbox"/> High School                         |  |                                     |                          |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our nutrition education curriculum teaches behavior-focused skills such as menu-planning, reading nutrition labels, and media awareness.                             | <input type="checkbox"/>               | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | School food service and nutrition education classes work together to create a learning laboratory.   | <input type="checkbox"/>               | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | In addition to meeting academic standards for nutrition education, we integrate nutrition education into a variety of subjects (e.g., math, science, language arts). | <input checked="" type="checkbox"/>    | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We reinforce lifelong lifestyle balance by linking nutrition and physical activity.  | <input checked="" type="checkbox"/>    | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Staff providing nutrition education receive standards-based training and professional development.   | <input checked="" type="checkbox"/>    | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We engage and involve families and the community in nutrition education efforts.   | <input type="checkbox"/>               | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
|                                     |                          | Other goal (describe):   |  |                                     |                          |

Notes on goals for nutrition education: Nutrition education provided during Health class and is incorporated in various lessons in both Science and Environmental Education Class (Eco Explorers Curriculum - Next Generation Science Standards).

### Nutrition Promotion\*

|                                     |                          |  |                                     |                                     |                          |
|-------------------------------------|--------------------------|--|-------------------------------------|-------------------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We use evidence-based techniques and nutrition messages in school and encourage participation in school meal programs.   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We participate in Farm to School activities such as having a school garden, taste-testing local products, incorporating local foods into school meals, and educating students in the classroom and on field trips about local agriculture. | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We cooperate with community agencies and organizations to provide opportunities for student projects related to nutrition.   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We implement behavioral economics techniques in the cafeteria to encourage consumption of whole grains, fruits, and vegetables and to decrease plate waste.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We display and disseminate consistent nutrition messages in schools, classrooms, cafeterias, homes, community, and media.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our staff model healthy eating in front of students and avoid using unhealthy foods in classroom lesson plans.   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer health and nutrition resources to parents to help them provide healthy meals for their children.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
|                                     |                          | Other goal (describe): Included on food service page of new/revamped school web site.  |                                     |                                     |                          |

Notes on goals for nutrition promotion: Purchase local maple syrup. We have an apiary on site and extract honey. We also raise vegetables and herbs.

### Physical Activity\*

|                                     |                          |  |                                     |                          |                          |
|-------------------------------------|--------------------------|--|-------------------------------------|--------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide a variety of developmentally appropriate opportunities for physical activity during the school day for all students.  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We contribute to the effort to provide students daily opportunities to accumulate at least sixty minutes of age-appropriate physical activity daily as recommended by the CDC. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

## Wellness Policy Assessment Tool and Report Template

Included in the written policy?

Yes No

Implemented in the school building(s)?  
Fully in Place Partially in Place Not in Place

|                                     |                          |  |                                     |                                     |                                     |
|-------------------------------------|--------------------------|--|-------------------------------------|-------------------------------------|-------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | In addition to planned physical education, we offer activities such as indoor and outdoor recess, before and after school programs, intramurals, interscholastic athletics, and clubs to meet the needs and interests of our students. | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We maintain a physical and social environment that encourages safe and enjoyable activity for all students.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We discourage extended periods of inactivity (two hours or more) for students.   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide physical activity breaks in the classroom.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer before and/or after-school programs that include physical activity for participating children.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We partner with parents/guardians and community members and organizations (e.g., YMCA, Boys & Girls Clubs, local parks, hospitals, etc.) to offer programs supporting lifelong physical activity.                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We do not use physical activity as a punishment (e.g., running laps).  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We do not withhold physical activity as a punishment (e.g., taking away recess).   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We encourage walking and biking to school.   | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We encourage students and families to use our physical activity facilities, such as playgrounds and ball fields, outside of school hours in accordance with school rules.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            |
|                                     |                          | Other goal (describe): Rural location of school along major highway prevents safe biking and walking to school.  |                                     |                                     |                                     |

Notes on goals for physical activity: Hiking Club, Movement & Lap Club, Jump Rope Club, Biddy Bruins, Open Gym, Field Day, etc.

### Physical Education (PE)

|                                     |                          |   |                                     |                          |                          |
|-------------------------------------|--------------------------|---|-------------------------------------|--------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We implement a PE program consistent with state academic standards. All students participate in PE.   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | PE instruction promotes skills and knowledge necessary for lifelong physical activity.  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | PE classes provide the means for students to learn, practice, and be assessed on developmentally appropriate skills.  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Our curriculum promotes both team and individual activities.  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer a comprehensive PE course of study with planned instruction time for students to meet standards at the proficient level.   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We use a local assessment system to track student progress on state standards.  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Students are moderately to vigorously active as much time as possible during PE class. Accommodations are made in class for documented medical conditions and disabilities. | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide safe and adequate equipment, facilities, and resources for PE class.   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Certified health and PE teachers teach our classes.   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide professional development for PE staff.   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | PE classes have a teacher-student ratio similar to other courses for safe and effective instruction.  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We do not use or withhold physical activity as a form of punishment in PE class.  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                                     |                          | Other goal (describe):  |                                     |                          |                          |

Notes on goals for physical education: Continued participation in Kids Heart Challenge; added Archery to Physical Education curriculum and as an optional club.

## Wellness Policy Assessment Tool and Report Template

Included in the  
written policy?

Yes No

Implemented in the  
school building(s)?  
Fully in Place Partially in Place Not in Place

### Other School-Based Wellness Activities\*

|                                     |                          |   |                                     |                                     |                          |
|-------------------------------------|--------------------------|---|-------------------------------------|-------------------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Free drinking water is available and accessible to students during meal periods and throughout the school day.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | School nutrition staff meet local hiring criteria and in compliance with federal regulations.   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide continuing education to school nutrition staff as required by federal regulations.   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide adequate space for eating and serving school meals.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide a safe and clean meal environment for students.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer students enough time to eat (10 minutes sit down time for breakfast; 20 minutes sit down time for lunch) and schedule meal periods at appropriate hours.   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We implement alternate school breakfast service models to increase participation, such as "grab & go," breakfast served in the classroom, and breakfast after first period.   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Students have access to hand washing or sanitizing before meals.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Only authorized staff have access to the food service operation.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We provide the nutrition content of school meals to the school community.   | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We include students/parents in menu selections through taste-testing and surveys.   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We utilize outside funding and programs to enhance school wellness.   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We train all staff on the components of the school wellness policy.   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | School based activities are planned with wellness policy goals in mind.   | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Fundraising projects submitted for approval are supportive of healthy eating and student wellness.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We encourage administrators, teachers, school nutrition professionals, students, parents/guardians, and community members to serve as positive role models through district programs, communications, and outreach. | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We communicate information to parents/guardians to support their efforts to provide a healthy diet and daily physical activity for their children.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Indoor air quality is in accordance with our healthy learning environment program and applicable laws and regulations.  | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
|                                     |                          | Other goal (describe):  |                                     |                                     |                          |

Notes on goals for other school-based activities: Added a second breakfast cart to meet demand.  
Pre-Service Food Service Training held August 20, 2025.

### Nutrition Guidelines for All Foods and Beverages at School

|                                     |                          |  |                                     |                          |                          |
|-------------------------------------|--------------------------|--|-------------------------------------|--------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We consider promoting student health and reducing obesity when offering foods and beverages to students at school.   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>Foods and beverages provided through the National School Lunch and School Breakfast Programs comply with federal meal standards.</b>  | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | We offer healthy food and beverage options at school-sponsored events, such as dances and sporting events.   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <b>Foods and beverages outside of the school meal, which are sold to students at school during the school day, meet or exceed the established federal competitive food standards (USDA Smart Snacks in School). Venues include vending, school stores, non-exempt fundraisers, and a la carte items.</b> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

## Wellness Policy Assessment Tool and Report Template

Included in the written policy?

Yes No

- |  |  |  |
|--|--|--|
| <input checked="" type="radio"/> <input type="radio"/> | We limit the number of food fundraisers at school and have procedures in place for requesting a fundraiser exemption (i.e., selling foods that do not meet Smart Snacks) in accordance with limits set by PDE.   | <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> |
| <input checked="" type="radio"/> <input type="radio"/> | <b>We have local standards in our written policy for foods and beverages offered for free to students at school, including food rewards, items offered at classroom parties and celebrations, and foods/beverages provided to the class as shared classroom snacks.</b>                        | <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> |
| <input checked="" type="radio"/> <input type="radio"/> | We provide a list of nonfood ideas and healthy food/beverage alternatives to staff and parents/guardians.  | <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> |
| <input checked="" type="radio"/> <input type="radio"/> | <b>Only foods and beverages that meet or exceed federal nutrition standards (USDA Smart Snacks in School) are permitted to be marketed or promoted to students during the school day. Examples: posters, vending machines, menu boards, cups for beverage dispensing, coolers, trash cans.</b> | <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> |

Implemented in the school building(s)?  
Fully in Place Partially in Place Not in Place

Notes on nutrition guidelines for foods and beverages at school: No fundraising during the school day involving food. Class parties include at least 50% healthy foods. No soda.

**\* At least one goal for these categories must be included in the written policy per federal regulations.**

### Report on the progress made in attaining the goals of the wellness policy (REQUIRED):

Educate students and parents on Offer Versus Serve.

Expand opportunities for students to engage in physical activity (example: additional club opportunities, LiveSchool opportunities, etc.

Increase participation in both breakfast and lunch.